

Crown and Bridge: Post-Treatment Instructions

1. Soreness:
 - a. Your jaw may be a little sore—you were open for a long time.
 - b. The gums around your tooth may be sore from the retraction cords we used and from the temporary crown.
 - c. Your tooth may be sensitive to hot and cold or it may throb slightly.
 - d. Rinse with a warm salt water rinse as needed and take a mild analgesic such as aspirin, Tylenol, or Advil to alleviate the discomfort
2. Temporary crowns and bridges:
 - a. A temporary crown or bridge has been placed to serve several purposes:
 - i. Protect the remaining tooth structure from further breakdown
 - ii. Prevent adjacent teeth from drifting and opposing teeth from erupting.
 - iii. Help reduce sensitivity to hot, cold, and air
 - b. Avoid hard, crunchy, foods—they can break your temporary
 - c. Avoid sticky, chewy foods—they can pull the temporary off

If your temporary comes off during the weekend, place a small amount of Vaseline or toothpaste under the temporary and replace it. This should solve the problem until you are able to call our office to schedule a time to come in for us to recement it for you. It is important to replace temporaries. Failure to do so may require a new crown at an added expense.

If you do have a problem, please call for an appointment. Though we do our best, we are not always able to accommodate walk-in patients.

You may not experience any of these problems mentioned above. However, we do want you to be aware of these possibilities. If you have any questions, please give us a call.